

Testing Security Effectiveness with the MITRE ATT&CK™ Framework





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01 | Modelling Threat Simulations with the MITRE ATT&CK™ Framework

Why MITRE™?

The MITRE ATT&CK[™] framework has been gaining traction globally thanks to its comprehensive mapping of adversary tactics and techniques used to infiltrate a network, compromise systems, move laterally and act on malicious threat actor objectives. Across Mac, PC and other platforms, the framework exhaustively covers the full cyber-attack kill chain, from pre-exploitation to exploitation to post- exploitation tactics, techniques, and procedures (TTPs).

Security analysts, researchers, and incident response teams (SOCs) can leverage the tactics enumerated by the framework to test the effectiveness of their security controls and validate that they are operating as expected. Organizations with mature security programs go as far as building their own threat models and running them in their own environment to assess their potential impact.

Limitations of Traditional Threat Modelling

Until recently, this kind of testing of ATT&CK-based techniques, could only be performed in one of several ways.

First, using manual open-source ATT&CK-based tools, security professionals could manually run a list of commands on a target system or server, and verify whether their controls are blocking the simulated attack, alerting on it and logging it appropriately. Another option would be to use automated pen testing software or red teaming tools mapped to MITRE ATT&CK™. While the latter would be the most effective, these tools often test only certain attack vectors, while failing to simulate the full attack kill chain to emulate the behavior of a multi-vector cyber- attack, or Advanced Persistent Threat (APT). Additionally, they do not necessarily emulate the very latest threats and techniques.

Simulate the Latest Threats with the MITRE ATT&CK™ Framework

With Cymulate's SaaS-based Breach and Attack Simulation (BAS) module, access the best of all worlds:

- Industry-recognized threat modelling using the blocks of the MITRE ATT&CK™ framework
- Simulations of the very latest techniques utilized by current cyber threats, updated daily
- Full attack kill chain coverage, emulating the logical events flow of a multi-vector APT
- Simple wizard-based templates for customizing attack simulations to your needs
- Automation of ATT&CK-based simulations, so you can run them daily, weekly, or wheneve
- Remediation and mitigation guidelines mapped to ATT&CK[™] for additional context



Simulate the very latest threats

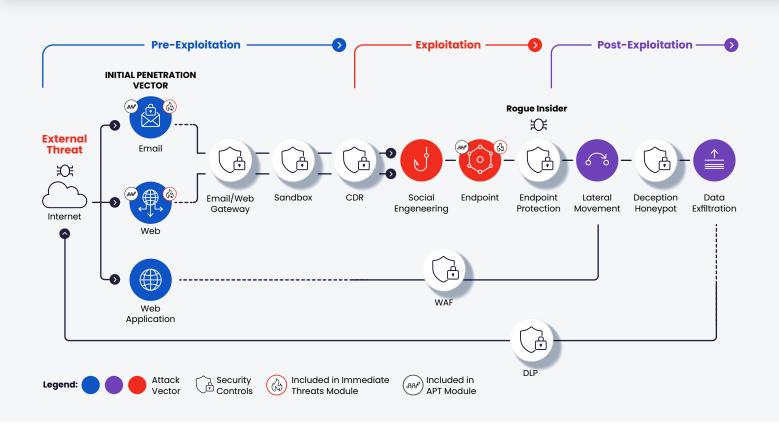
Don't Speculate. Cymulate.

Deploys seamlessly Test security across the kill chain



Simple to use





Award-Winning Breach and Attack Simulation Technology

Cymulate Extended Security Posture Management approach integrates an award-winning SaaS-based Breach and Attack Simulation (BAS) platform that makes it simple to know and optimize your security posture any time, all the time.

Fully automated and customizable, Cymulate's BAS challenges your security controls against the full attack kill chain with thousands of simulated cyber-attacks, both common and novel.

Testing both internal and external defenses, the attack simulations show you exactly where you're exposed and how to fix it—making security fast, continuous, and part of every-day activities. Cymulate's BAS module can be run independently or in combination with either or both the Continuous Automated Red Teaming (CART) and the Advanced Purple Teaming Framework.

This solution brief focuses exclusively on the BAS module.

Simulating ATT&CKs™ with Cymulate's BAS Module

Using intuitive wizard-based templates, Cymulate lets you create your own ATT&CKs™-based simulations, by choosing out of over 100 ATT&CK tactics and techniques:

- Endpoint Security Whether on Mac or PC, test the effectiveness of your EPP, EDR, AV and NGAV solutions by crafting your own simulations (see Section 2 below).
- Email Gateway, Web Gateway, Web App Firewall Additional specific module all using similar and easy-to-use flow as the Endpoint Security module described in detail in section 2 below.
- Full Kill Chain APT Emulate the logical flow of a full blown APT by crafting your own ATT&CK-based APT simulation, or by selecting from among APT templates that mimic the modus operandi of well-known APT groups see section3 below).
- Immediate Threats Leveraging Cymulate's Research Lab, the latest threats are uploaded to the platform almost daily, letting you test your security controls against the very latest ransomware, malware, phishing, crypto-miners, and other threats detected in the wild. The threat simulation is mapped to MITRE ATT&CK™ techniques, which can be used to build a custom simulation template (see section 4 below).



02 | Creating an ATT&CK Based Endpoint Security Scenario Template

In addition to the out-of-the-box Cymulate templates, you can create customized Endpoint Security templates as follows.

🔹 Cymulate					MSSP cymulate 🛃 🗘 🖋 🕐 💷
Immediate Threat Immed	ENDPOINT SECURITY AS Q Search Template	Assessment Scheduled Cymulate Best Practice Dahl fist of Identified makare samples dropped			
Data Exflitration Full Kill Chain Scenarios	CYMULATE TEMPLATES	DLL Side loading	Cymulate Behavior-based	Cymulate Signature-based	on das, vatioute execution, and collection of behavior-based simulations executed using affirerent methods. 221 Scenarios 3389 Malwares OS: EE
	Cymulate Worm Behavlor.b	Cymulate Trojan Behavlor-b	Cymulate Ransomware Beh_	Rootkit	Target Environment Select Environment V
	Code Injections Techniques	Ransomware			
	USER CREATED TEMPLATES	ransomware 18/05/2019 10:05:17	trojan 18/05/2019 10/05/34 🖹 🖉 🛈 了	Tamir_test 21/03/2019 07:54:34 🔐 // (1) 🖓	Target Agent Profile Select Profile
	YahavTest			powershell dll inject - wmisc	

01

From the Scenarios page, Endpoint Security tab, click the **New Template** button.

OPERATING SYSTEM			×
Choose the relevant OS for your tem			
B			
Windows	Mac	Linux	
Choose test cases that run on Microsoft Windows OS			
1/6			NEXT



Select the Operating system



				×
PAYLOAD DELIVERY Choose the desired option to deliver				
Drop & Execute From Disk	Use Powershell Stager Downloader T1104 T1059.001	Use Rundil32 Stager Downloader T1104 T1218.011	Use Control Panel Stager Downloader T1104 T1218.002	
DEFENSE EVASION Choose whether to use a defense eva				
Software Packing and Obfuscation Using software packing or obfuscation to Uppass AV signature detections or EDR solutions				
T1027.002 T1001 2/6			васк	NEXT

03

Select the payload delivery option and, if needed, the defense evasion technique.

			×
SCENARIO BUIL	DER - EXECUTION METHOD		
Q Search Title			
Scenarios			
			\odot
3/6		васк	NEXT

04 Select one or more execution methods to run during the assessment.



Choose the malicious beh	US BEHAVIOURS		
Q Search Title			
Scenarios			
		Advanced Scenarios User Templates	
		Advanced Scenarios User Templates	
4/6		ВАСК	NEXT



Select one or more malicious behaviors to run during the assessment.

MALV	NARE DATABASE		×
	Malware payloads for your simula		
Q Sea			
Malwar			
	Sample10Doc.doc 968.5 KB	MD-5: ec3f9b617c8	
	Sample11Doc.doc 4 KB		
	Sample12Doc.doc 3.5 KB		
	Sample13Doc.doc 546.5 KB		
	Sample14Doc.doc		
5/6			BACK

06 Select one or more malware payloads to simulate.



SUMMARY	
Choose a template name	
Scenarios	3 Scenarios Malwares 4 Malwares
6/6	BACK FINISH

07 Name and save the template.



03 Creating a Full Kill Chain Scenario Template

In addition to the out-of-the-box Cymulate templates, you can create customized Full Kill Chain Scenarios templates.

🔹 Cymulate	Dashboard Scenarios Advanced	Scenarios Campaigns Reports	Agents		🔤 🕹 🕺 🕐 🕐 🔤
 ▲ Immediate Threat ▲ Email Gateway ● Web Gateway 	FULL KILL-CHAIN SC TEMPLATES	ENARIOS ASSESSMENT		NEW TEMPLATE	Select one of the templates from the left gallery or create your own templates using a step-by-step wizard.
Web App Firewall Findpoint Security		APT38	OceanLotus	Silent Librarian APT	After selection, choose the desired target from the drop- down mean una dick Luand. Note: Tou can schedule an assessment to run at a future date.
Data Exfiitration The second					
	Patchwork	Cobalt Group	Lazarus Group	Kimsuky Spyware Module	_
					ана стана 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 - 1997 -
	C SCHEDULED ASSESSMENTS			Ø	



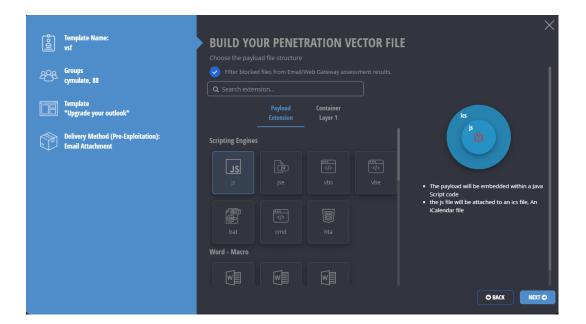
From the Scenarios page, **Full Kill Chain Scenarios** tab, click the **New Template** button.

Template Name:	PRE-EXPLOITATION			×
Groups cymulate, 88				
Template	Enail Attachment Malicious payload will be sent as an email attachment Spearphishing Attachment (2)	Email With Link Malicous link to download the payload will be sent inside the email body Spearphishing Link (2)		
			G BACK	NEXT 🤿



After naming the template, select a pre-exploitation payload delivery option.





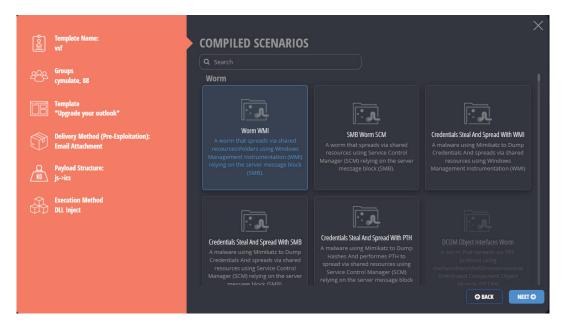
Build the penetration vector file (select the payload extension type and define layered containers to further embed the payload).

o C C C S S S S S	COMPILED SCENARIOS	5	×
Groups cymulate, 88	Permission Required: User ⑦		
Template *Upgrade your outlook*	Ŕ		Scheduled Task
Delivery Method (Pre-Exploitation): Email Attachment	Stand Alone this will run alone without execution method	DLL Inject Using a dll injection to execute the payload	Using windows Task Scheduler to create a new task that runs the payload
O Payload Structure: KG js->ics			
	Powershell DLL Inject Using a powershell based dll injection to execute the payload	Begwr32 SCT Using REGSVR32 utility to execute the payload through .sct file	K Word Macro Opening Word document containing malicious macro that drops and executes the payload
	X	rttmt-	
			© BACK NEXT O



Select an execution method (user or administrator level.)





05

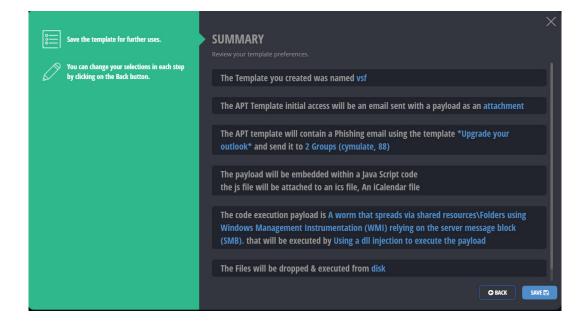
Select an attack method from the listed methods (i.e., Ransomware, Worms, Trojans, Lateral Movement, or user- created templates)

ഭീ	Template Name:	MISCELLANEOUS SETTINGS	×
Ô	vsf	Configure miscellaneous settings in your template	
<u> 488</u>	Groups cymulate, 88	Time Scope	
177	Template *Upgrade your outlook*	Please select the time scope of the assessment: 5 v days	
		Domain	
	Delivery Method (Pre-Exploitation): Email Attachment		
	Payload Structure: js->ics		
Å	Execution Method DLL Inject	Environment Default Environment	
<u>Ke</u>	Compiled Scenarios Worm WMI	Tracking email pixel Itracking Email open state (email opened notification will not be tracked)	
		Stager	
		O BACK	EXT 🔿

06

Define the miscellaneous settings.





07 Review the template summary and save it. The newly created template is available, editable, deletable and duplicatable in the Full Kill Chain Scenarios page.

04 Launching Immediate Threats Assessment

You can easily check how resilient to a specific immediate threat your infrastructure at any time, simply by launching the corresponding Immediate Threat Intelligence vector.

Or you can let the Immediate Threat Intelligence module run automatically at all times.





In the Scenarios page, go to Immediate Threat and select the **Immediate Threat** for testing.



ZOI]
	Tips
Select Target ~	🛠 Help & Tips
	\$
Select Target	
Select Target ~	
A LAUNCH	

02 From the right pane, you can review:

- A. Date Published Date that the threat was published.
- **B. IOCs** Click to view the IOCs for the threat.
- **C. OS** Relevant operating system for the threat.
- **D. Summary** Summary of the threat.
- E. References Links to reference articles.
- F. Overview Click to view a more detailed overview about the threat.
- **G. Mitigation** Click to view mitigation suggestions to protect against the threat.
- H. ATT&CK Matrix Click to view the MITRE & ATT&CK matrix for the threat.

GULOADER MALWARE					
13/12/2021 IOC's					
	-				
🖬 windows					
Summary GuLoader, also commonly referred to as CloudEyE or vbdropper, was first noticed in the wild around December 2019, and has since been used to distribute malware at scale around the globe Show More					
References	🛠 Help & Tips				
CVES (CVE-2017-11882 (2)	_				
Overview Mitigation					
Tags ShellCode					
ATT&CK MATRIX #					



Select the targets for the relevant vectors and the integrations and launch the assessment.



🔩 Cymulate	Dashboard Scenarios Adv	vanced Scenarios Campaig	ns Findings Reports Agents	5	1	MSSP cymalizoya 🛃	∆[●] \$ ⑦ ZR
	AIN SCENARIOS ASSESS	MENTS					
Q Search Template							EXPORT TO CSV
DATE LAUNCHED	TARGET		TEMPLATE	ENVIRONMENT			
08/12/2021 10:57:47							GENERATE 🗸
02/12/2021 17:31:24							GENERATE ~
02/12/2021 12:21:21							GENERATE ~
01/12/2021 18:22:00							GENERATE ~
30/11/2021 10:22:00							GENERATE ~
28/11/2021 16:41:00							GENERATE 🗸
28/11/2021 13:39:00							GENERATE 🗸
24/11/2021 10:21:07							GENERATE ~

The launched assessment and its progress will be listed under the reports tab.

🔹 Cymulate	Dashboard Scenarios Advanced Scenari	os Campaigns Findings Rep	orts Agents			MSSP cymailzoya 🛓	∆ [●] \$ ⑦ ZR
ⓒ FULL KILL-CH	AIN SCENARIOS ASSESSMENT SUI	MMARY				SUMMARY Score	TIMELINE
Payload	Payload Downloaded Payl	and Executed Start Mov	: Lateral vement	Spread/Discover			
K Hopper_61b0738b3 a556fee0d182539Cm	Ite Downloaded 0'0'0' B Hopper, 610073803 a554eedd1823'9K/ma554fe	executed per_61b0738b3 08/12/20 ebd182539Cm	211 1055:35	3 ()) 00		Payload	
08/12/2021 10:55:18					0	Cymulate Lateral Movement	
STAGE	DESCRIPTION Payload	STATUS	ACTIONS AT	TT&CK TAGS I	INFORMATION	Template Name	<u>8</u>
1 Payload	Hopper_61b0738b3a556feebd1 created for initial access			lalware	More Info		
						08/12/2021 10:57:47	
2 Payload Dow				rive-by Compromise	More info		
						EVENTS/ALERTS	INCIDENT RESPONSE
Payload Exec				lalicious File	More info	No integration c	onfigured
						Assessment Status	
Start Lateral	Movement collecting credentials and movir					Environment	
Spread/Disco		Unsuccessful		VA	More info	Default Environment	
spread/Disco		Unsuccessful					



Access detailed information by clicking the relevant assessment.



05 Additional Benefits of Security Testing

Security effectiveness testing and attack simulation tools not only deliver immediate visibility into potentially damaging security gaps, they also provide critical insights for strengthening the organization's overall security posture.



Security posture at a glance

Get immediate visibility into your cyber-stance across the digital estate—on-demand or continuously without waiting for reports.



Continuous Optimization

Complement or replace manual and homegrown testing methods with fully automated, repeatable sets of tests that can be run across your infrastructure at any time.

A

Rationalize security investments

Use objective metrics to benchmark and compare the effectiveness of different security solutions. Prioritize budget allocation and spending based on risk metrics and potential impact.

0	S	

KPI metrics

Gain quantifiable benchmarks for an immediate, objective understanding of vulnerabilities and exposure levels. Metrics also provide a way to measure security control performance over time and compare your organization to others in your industry. They give your security team control over testing so they can make the most informed decisions for tailoring defenses to the organization's most pressing needs.

Additional benefits include:



Executive and technical stakeholder buy-in

Effectively communicate quantifiable security gaps to the board, executive team, IT staff, and users.

	-A
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	-
	-/

Test effectiveness

Measure the impact of policy changes, software updates, and new or prospective technology purchases to avoid creating vulnerability or opening a gap.



Validate compliance

Quickly and easily ensure that your organization remains compliant by assessing potential exposure across your infrastructure—without having to wait days or weeks for assessment reports.

Start Your Free Trial

Contact us for a live demo, or get started with a free trial

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